



SCENIC SWEEP of SWEDEN'S WEST COAST

The Kattegattleden voted "Most Beautiful Cycling Route in Europe" in 2018

8 DAYS – "Point to Point" Cycling Tour from Helsingborg to Göteborg

Cycle during this trip in six stages along the coast through picturesque fishing villages and small ports. The route mostly follows the sea, travelling through open countryside, inspiring nature reserves and verdant farmlands. As you draw closer to Göteborg, you will notice a shift in the landscape, with scenic cliffs, lush forests, sheltered bays and quaint harbors along the way. The culinary specialty of this region is seafood, one of the highlights on this bike tour. You and your fellow travelers will begin each day with a hearty breakfast at your 4-Star hotel. After packing your bags, a luggage transport service will deliver them to your new hotel while you and the group are discovering the west coast on two wheels and enjoying all that the region is so well-known for!

Day 1: Arrival in Helsingborg

Meet Tour Director Stephanie in Helsingborg. Your hotel is in the city center with easy access to the city's main attractions, like the medieval watchtower Kärnan and St. Mary's Church. In the afternoon, join a tour orientation and bike fitting session.

Day 2: Helsingborg - Ängelholm, (60 km/36 mi)

Starting with a ride along the promenade in Helsingborg you will soon pass Sofiero Palace with its lovely gardens, named "Europe's Most Beautiful Park" in 2010. Continue along the coast through quaint fishing villages and small boat marinas. The tour leads you to Höganäs where you can shop for its world-famous salt glazed ceramics. Your journey crosses the Kulla Peninsula, passing vineyards and small farm shops before you arrive at Ängelholm where you will stay overnight.



Day 3: Ängelholm - Halmstad, (75-95 km/47 – 59 mi)



From Ängelholm you follow the coast to Vejbystrand through open meadows and small coastal communities. In Magnarps Port stop at a hidden gem, a lovely fish restaurant with a stunning view of the sea. You leave the coast to cycle across the peninsula towards the beautiful town of Båstad. The journey continues along one of Sweden's longest sandy beaches and the resorts of Skummeslövsstrand and Mellbystrand. You will also pass the nature reserves Tönnrersa and Gullbranna before finally reaching Halmstad.

Day 4: Halmstad - Falkenberg, (60 km/36 mi)

Today Sweden's most famous beach awaits: Tylösand, worth a stop to visit the beach and its hotel. The route continues north along the coast where you will enjoy sweeping views of the sea, open countryside, inspiring nature reserves, and verdant farmland. You pass Ugglarp, a small coastal community with famous vegetable gardens and a nice seaside resort. The route leads you over beautiful Grimsholmen to Falkenberg, one of the oldest medieval towns in the Halland region.

Day 5: Falkenberg - Varberg, (40 km/24 mi)

Look forward to picturesque fishing villages, artists, and artisans along today's route. In Träslövsläge you can feast on freshly cooked lobsters and stroll through the quaint and older parts of the city. As you approach Varberg, its castle towers beckon.



Day 6: Varberg - Kungsbacka, (60 - 70 km/36-42 mi)

North of Varberg the landscape changes - the sandy beaches gradually give way to rocky coastline, and the first islands begin to appear in the sea. Passing meadows and horse farms, you eventually reach Kungsbacka, a cozy small town with an impressive old city where you will spend the night.

Day 7: Kungsbacka - Göteborg, (40 - 65 km/24-36 mi)

Your route returns to the seashore as you cycle toward Vallda and Särö, the former playground of the ancient royal family and Göteborg aristocracy. Afterwards you will reach the old railway, now your bike path by the sea. Cliffs, lush forests, bays, and marinas line your path into Göteborg. Follow the harbor to enter Sweden's second largest city and enjoy your last overnight.

Day 8: Departure from Göteborg

Individual departure after breakfast.

IMPORTANT INFORMATION

TOUR PRICE: €2095, VAT Inclusive, per person, DOUBLE occupancy

€2595, VAT Inclusive, per person, SINGLE occupancy

Included in the cost of the tour

- 8 days / 7 nights lodging in 4-star hotels, daily breakfast
- Service of Tour Director who will lead group on daily rides
- Route sheets, bike map for guests who want to explore on their own
- Use of 24 speed TREK touring bike, helmet, pannier bag
 - Unisex step through frame in various sizes
 - Weight: 16 kg / 35 lbs.
 - Max. rider and gear weight: 130 kg (286 lbs.)

On request

- E-bike surcharge - €125 per bike
- Special diets, please inquire



Arrival in Helsingborg: The closest airport to the tour start is Copenhagen (CPH) and from the finish is Göteborg (GOT). From there you can board a train for the journey to Helsingborg. It is a short walk from there to the hotel. Directions will be provided as departure date approaches.

Internet: There is free WIFI in the hotel.

Bicycles: Included in your tour price is a 24 Speed TREK touring Bike, ideal for the terrain you will cycle on. E-bikes are available for a surcharge. Keep in mind that e-bikes are heavier than touring bikes and require good bike handling skills. We do not recommend them for novice cyclists.

Bicycle Helmet: We require all guests to always wear a proper fitting helmet while riding on the tour. Helmets are included in the cost of the tour, but you are also welcome to bring your own.

Bicycle Locks: All bicycles are outfitted with locks. Please use them whenever you plan to leave your bicycle unattended for any length of time. You will be liable for damage or theft of the bicycle if it is stolen during an excursion because it was not locked properly. Bicycle insurance is available for a nominal fee.

Itinerary Program: The above itinerary is subject to change. Alterations are sometimes necessary due to circumstances beyond the operator's control.

Physical Fitness and Bike Handling: To participate in and enjoy the biking part of the tour, it is important that you are in good physical condition and that you have the necessary bike handling skills. Group riding experience is encouraged but not a requirement. This tour is rated difficulty level 1-2 so novice cyclists may occasionally find it challenging. All guests are expected to keep pace with the group which travels at 10-12 mph. Guests who cannot maintain that pace will be asked to ride on their own, with maps and route sheets provided. Electric bikes are also an option (for a surcharge) but will need to be requested prior to the start of the tour. On this tour, we will occasionally need to share the road with car traffic, and we will have to cross busy intersections. The weather is variable, it may not always be sunny, and the winds may not always be calm. Even under poor weather conditions, you should feel safe and able to cover the day's distance on your bike. If for any reason, a guest cannot complete the day's ride, the guest can return to the hotel at their own expense.

About Stephanie Ventures

Our expertise is active, affordable, small group travel and we pride ourselves on putting a unique spin on our itineraries to ensure you will not find another tour experience out there quite like ours. Founder Stephanie Scott started the company in the US, with 35 years of experience in specialty food and wine, during which she designed plenty of fun, memorable events, and travel adventures. She managed the title sponsorship of one of the most popular men's pro-cycling teams in the US for 15 years, but is content to ride her bike, at home and on tour, at a more leisurely pace. She believes that one of the best ways to see the world and meet its people is by traveling around it on two wheels. She logged many kilometers on the bike paths of Germany, Switzerland, and Austria before launching her tour company in 2015.

Certified as a Tour Director by the International Tour Management Institute, Stephanie worked as a tour guide in San Francisco before founding Stephanie Ventures. She went on to host amazing bike & barge tours in the Netherlands, France, Luxembourg, Belgium, Germany, and Italy. Fast-forward a few years and a pandemic, and in the dead of winter 2022, Stephanie sold everything she owned and ran away to Europe to realize her long-time dream of working and living there. From this new home base in Alphen aan den Rijn in South Holland, she can be closer to the destinations she offers, and design new tours including land-based tours! Join her as she searches for panoramic views, history, local culture, regional cuisine, and much more! Be sure to bring your spirit of adventure, hearty appetite, and a good sense of humor!



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